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Prescription Drugs, Anyone?

by Raymond Francis

Prescription drugs are one of America's leading causes of disease and death. The problem with prescription drugs is very simple...they do nothing to cure disease. All they do is suppress the symptoms of disease by disrupting normal cellular functions. Abnormal cell function is the very definition of disease, and since prescription drugs cause our cells to malfunction, then...

Yes, drugs cause disease, but we obscure this fact by calling these diseases "side effects." Ironically, the "side effects" are often more dangerous than the disease being treated in the first place. A recent study in the *Journal of the American Medical Association (JAMA)* found that in one year, over two million hospitalized patients suffered serious drug reactions, resulting in 106,000 deaths. Some side effects! But this is only the tip of the iceberg. Too many adverse reactions cause public concern and scrutiny, so just imagine a hospital's incentive to understate them. Another article in *JAMA* estimated that only 1 in 20 reactions are reported. In truth, tens of millions are injured and an estimated 400,000 are killed every year by these dangerous poisons. This makes it clear why data published in *JAMA* place medical doctors as the third leading cause of death. Anyone taking a prescription drug will be harmed to some degree by these drug-caused diseases.

Consider that disrupting even one cell function will ultimately have a negative effect on the entire body. A single prescription drug can disrupt multiple cell functions causing thousands of biochemical changes. Introducing a second drug can cause tens of thousands of changes, and a third can produce hundreds of thousands. Since the average patient over 60 is on four drugs, you can begin to comprehend the extent of the biochemical chaos being created. This is not healthy! Very often a second drug is prescribed to suppress the problems caused by the first, and then a third drug to suppress the symptoms caused by the first two, and so on.

Statistics show that prescriptions for antibiotics are still on the rise, despite warnings in medical journals for doctors to cut down on them. Excessive antibiotic use has bred "superbugs" that the strongest antibiotics cannot kill. Right, there are people sick with infections that are immune to all known antibiotics. Another commonly ignored "side effect" of antibiotics is that they also destroy normal gut flora, leading to maldigestion, malnutrition, and cellular toxicity. The damage antibiotics can do is scary, often permanent, and worsening as doctors continue to overprescribe them.

Nobel Prize winning chemist Linus Pauling predicted that the use of toxic chemicals to suppress disease symptoms, which he called a toximolecular approach, was a blind alley that would lead nowhere. Where it has led is to a catastrophically expensive and ineffective disease-care system, where people are killed and injured daily, where they remain chronically ill, and where the costs are projected to double in the next ten years. When someone is sick, they are already in toxic overload. Why compound their problems by giving them more toxins? Pauling proposed an orthomolecular approach where one provides molecules that are natural and helpful in supporting and restoring normal cell functions, allowing the body to heal and restore itself to health.

If you are now on prescription drugs, recognize that you are choosing to take them, and that there are safer, more natural, and more effective alternatives. You may want to find yourself another doctor, one practicing orthomolecular medicine, which will address the causes of your problem and help you get well, rather than prescribing poison to suppress your symptoms.

To make a sick person well, you have to give their cells all the things they need to function normally, and keep them away from the things that disrupt normal function. Prescription drugs disrupt normal cell function. When cell function is normalized, you cannot be sick. This is what the orthomolecular approach is all about. It's using vitamins, minerals, phytochemicals, and natural remedies to rebalance the body and make it well again. The obsolete approach of using toxic prescription drugs to suppress symptoms is guaranteed to make and keep people sick, yet pharmaceutical companies grow as sales go up every year. Go figure!

Raymond Francis is an M.I.T.-trained scientist, a registered nutrition consultant, author of Never Be Sick Again and Never Be Fat Again, host of the Beyond Health Show, Chairman of the The Project to End Disease and an internationally recognized leader in the field of optimal health maintenance.

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