

What About Vaccinations?

by Raymond Francis

Popular opinion regarding vaccinations goes something like this: Immunizations are one of modern medicine's greatest achievements; they have prevented more suffering and saved more lives than any other medical procedure. Nothing could be further from the truth. In fact, the modern practice of mass vaccinations may well be the biggest medical blunder of all time. No reliable safety study has ever been performed on any vaccine, and evidence suggests that they may actually be quite harmful. Individuals are being forced without informed consent, to risk death or injury, and there is no accountability for the possible negative impacts of vaccinations. The individual is being sacrificed for the "good of society." Upon examining the literature, it appears that vaccinations are both ineffective and dangerous.

The dramatic decline of infectious diseases, such as smallpox, diphtheria, and polio, is often cited as proof of the effectiveness of vaccination. Any risks or "side-effects" from vaccinations are supposedly far outweighed by the inherent benefits. Looking more closely however, it is difficult to find these benefits and quite easy to find the risks. The incidence of infectious disease dramatically decreased before the introduction of vaccines—vaccines get credit for something they did not do. For example, in 1950, polio was at its height in Great Britain. By the time polio vaccine was introduced in 1956, polio had already declined by 82%. Similarly, tuberculosis was a persistent killer throughout the 1800's and by 1945 had already declined by 97%. Recent worldwide outbreaks of virulent forms of TB have proven that "protection" by vaccine has little to do with whether or not one gets the disease. Other infectious diseases that were in decline before the introduction of their vaccines include whooping cough and measles. Their further decline after the introduction of their vaccine was likely a continuation of the existing trend. This is why countries that did not vaccinate against specific diseases experienced similar declines to those that did.

A stronger argument for the decline of infectious diseases can be made regarding better sanitation, less crowded living conditions, and increased availability of food. As Pasteur's germ theory became common knowledge, better sanitation became a part of life and thus infectious transmission dramatically decreased. As is the case with all disease, the level of immunity is most important. Wider availability of food helped to improve the immunity of the population at large. In addition, diseases tend to have their own evolutionary cycles; they go away as the population gains "herd" immunity. Diseases like bubonic plague and scarlet fever experienced declines similar to other infectious diseases; they faded away without any immunization programs whatsoever.

Astoundingly, it is difficult to find any studies that prove the effectiveness of vaccines. To prove efficacy, we must analyze studies of vaccinated groups versus unvaccinated ones. Very few of these types of studies have ever been conducted; the few that have, indicate the vaccines are not effective, and are actually harmful!

- One study in the Journal of the American Medical Association found that the incidence of meningitis in children vaccinated against it was five times higher than in unvaccinated children.
- It is an undisputed fact that tuberculosis vaccinations have had absolutely no impact on the incidence of tuberculosis.
- Diphtheria vaccination programs have been followed by unprecedented diphtheria epidemics among the vaccinated populations. In Germany during World War II, diphtheria vaccinations were made mandatory. The Germans experienced an immediate 17% increase in diphtheria cases and a 600% increase in mortality. At the end of the war, the vaccinations were stopped.

There was an immediate and dramatic decline in the number of cases, despite widespread malnutrition and poor living conditions.

- In the U.S., it is officially accepted that, since its inception, the polio vaccine has caused all cases of polio.

Dr. Vera Schreiber, a world authority on immunizations and author of *Vaccinations*, had this to say: "Immunizations...not only did not prevent any infectious diseases, they caused more suffering and more deaths than any other human activity in the entire history of medical intervention." Having assembled the world's largest collection of data on immunizations, Dr. Schreiber concludes: "One hundred years of orthodox research shows that vaccines represent a medical assault on the immune system." Research by Dr. Schreiber and others continues to unveil the alarming truth about vaccinations; here are some further examples: Pertussis vaccinations have been followed by cases of "provocation polio." This kind of polio is well known to follow almost any vaccination, but especially pertussis and polio vaccinations. Measles is another case in point. Measles constantly occurs in vaccinated populations. In fact, there is even a new and especially vicious form of measles called 'atypical measles.' It affects only vaccinated populations and is apparently the result of a deranged immunological response caused by the vaccine. New data reports sharp rises in diabetes among children vaccinated for meningitis. A recent article in *Newsweek* attributed the AIDS epidemic to oral polio vaccine given between 1957 and 1960. A growing number of researchers are now attributing the epidemics of childhood cancer, leukemia, asthma, autoimmune disease, cerebral palsy, infantile convulsions, and sudden infant death syndrome to vaccinations.

Each generation is getting more vaccinations and experiencing more immune dysfunction diseases as a result. Dr. Terry Phillips, Professor of Medicine at George Washington University Medical Center, reported at an international conference in 1997 that the foreign proteins in virtually all vaccines wreck havoc with the human immune system. Vaccines alter the body's immune response and do permanent damage. Why? Vaccines are loaded with all kinds of garbage that should never be injected into a human body. They are contaminated with animal viruses (monkeys, calves, and chickens) from which the vaccines are made. These viruses put a permanent antigenic burden on our immune systems. Some researchers believe that these persistent circulating antigens do continuing damage to both the immune and nervous systems, causing immune suppression and dysfunction, such as autoimmune disease. Vaccines also contain formaldehyde, aluminum, mercury, and a large assortment of foreign proteins, all of which are not good for you.

Dr. Harris Coulter in his book, *The Assault on the American Child*, says that the allergic response initiated when a vaccine is injected into the body is capable of causing encephalitis (an inflammation of the brain). Encephalitis can cause permanent brain damage leading to lifetime problems with autism, dyslexia, learning disabilities, behavioral disorders, and antisocial syndromes. Dr. Coulter estimates that 50% of the children who experience a fever after vaccination are actually suffering from encephalitis, which is doing various degrees of permanent brain damage. Coulter blames vaccines for the "new morbidity" of learning and behavior disorders.

There is a definite association between vaccines, learning disorders and other modern brain dysfunctions. The immediate effects of vaccinations can include convulsions, fevers, and allergic reactions, which are known to produce mental retardation, learning disabilities, paralysis, and epilepsy. Yet, there still are no long-term studies on the safety of vaccines. The studies often cited for vaccine safety are short term, often limited to only two days after injection. No studies have been done comparing cognitive or developmental function in vaccinated children versus unvaccinated. Sadly, we know little of what happens in the body during a vaccination; our knowledge of the long-term effects is almost nonexistent.

In October 2000, at the annual meeting of the Association of American Physicians and Surgeons (AAPS), a resolution called for an end to all government-mandated vaccinations. Even more astounding—the resolution passed without a single dissenting vote. Dr. Jane Orient, executive director of the AAPS said this: "Our children face the possibility of death or serious long-term adverse effects from mandated vaccines that aren't necessary or that have limited benefits." The AAPS's resolution read that "mass vaccination is equivalent to human experimentation and subject to the Nuremberg Code, which requires voluntary informed consent..." By failing to inform us of the dangers, and taking away our power to choose otherwise, mandated vaccinations become a crime against humanity.

Physicians routinely prescribe procedures and medications with little regard for the damage they may do. The "benefit" of what they think they are doing is usually seen as being worth the risk. Vaccinations are a perfect example of this. When children have seizures, become mentally retarded, or develop polio after vaccinations, we are told that this is the price we must pay to eliminate these diseases from our population.

It is up to the individual to decide whether they want to be vaccinated, and parents must decide what is best for their children. These decisions should be based on accurate information. Unfortunately, much of the research questioning the safety and effectiveness of vaccinations has been effectively hidden from the public. Such information has been suppressed because few people would participate in the vaccination process if they knew the truth. This would make it impossible for the vaccination campaigns to "eliminate" all those terrible diseases.

So what if you don't want to vaccinate your child—what do you do? Compulsory vaccination is the law in every state, but there are also legal exemptions for various reasons. Simply find out what the exemptions are in your particular state and get one. For example, all states have a medical exemption that a doctor can sign.

What if you are thinking about a flu shot? Consider this study published in the Lancet. The absenteeism of over 100,000 employees was measured each winter, and the conclusion was that flu shots did not confer any protection. Flu shots appear to weaken and sensitize some people and actually cause the flu as well as other diseases. Outbreaks of deadly Legionnaires disease immediately followed flu vaccination campaigns. What about something like tetanus? Probably the single most important factor in preventing tetanus is thorough cleansing of the wound with removal of all foreign bodies and dead tissue. On rare occasion, "tetanus prone" wounds would justify the vaccine in those already immunized and immune globulin in those who have never been vaccinated.

To avoid an infectious disease, keep your immunity strong. With babies, breastfeeding protects against many infections. Allergenic foods like milk and wheat should be avoided. Allergies lower immunity and predispose the body to infections. Nutritional status is critical to immune competence. Refined sugars are well known to damage immunity. Fresh fruits and vegetables are essential. Regular exercise, a good diet, and avoidance of allergens and toxins such as prescription drugs, will help maintain a healthy immune system, with a high resistance to infections. Moreover, a high-quality supplement program is essential to maintaining immunity. I recommend the Beyond Health program, including 5000 mg of vitamin C per day, extra vitamin E in the form of Unique E and extra calcium. For those needing more protection, take two or three capsules of olive leaf extract per day as a preventative. As for vaccinations - caveat emptor!

Raymond Francis is an M.I.T.-trained scientist, a registered nutrition consultant, author of Never Be Sick Again and Never Be Fat Again, host of the Beyond Health Show, Chairman of the The Project to End Disease and an internationally recognized leader in the field of optimal health maintenance.

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